What is R4R?







Airmen and Guardians can participate in fun activities and high-adrenaline experiences designed to build resiliency, strengthen family units and foster camaraderie among service members. Others may participate on a space available basis and are not eligible for the program discount. Participants and sponsors are required to register in-person at the host activity. Where indicated, a non-refundable participation fee applies.



Open to single and unaccompanied Service members and one guest per participant.



Deployed Affected programs are open to Active Duty, Reserve and Guard and their immediate family members 4 months prior to deployment and up to one year following deployment.

REC+ON Open to Active Duty, TEED YOUR RUSH Reserve and Guard and their immediate family members.

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