## **SUNRISE SELECTIONS**

Breakfast Served 7am-11am

<ul> <li>Caprese Breakfast Sandwich (410 cal)</li> <li>Bacon slice, pesto mayo, fried egg, mozzarella, tomato, English muffin</li> <li>Ham &amp; Cheddar Omelet (380 cal)</li> <li>2 egg omelet, diced ham, cheddar cheese</li> <li>Vegetable Scramble (300 cal)</li> <li>2 eggs, peppers, onions, tomatoes, spinach, swiss</li> <li>Pancakes (480 cal)</li> </ul>	4.99 4.49 4.49 4.09	Whole Fruit (100 cal) Blueberry Muffin (430 cal) One Egg Any Style (90 cal) Replace Egg with Egg White (45 cal) Hash Brown Patty (240 cal) Add Sausage, Bacon, Ham (90 cal)	1.99 2.49 1.19 0.99 1.89 1.19
Two pancakes, two slices bacon or sausage / warm maple sy <b>Breakfast Quesadilla (520 cal)</b> Scrambled eggs, bacon or sausage, cheddar, salsa <b>Florida Sunrise (700 cal)</b> Grilled sliced turkey, egg, cheddar, bacon, lettuce, tomato, mayo on ciabatta <b>Hole In One (720 cal)</b> Two eggs, hash brown, two slices bacon, English muffin <b>Chip Shot (580 cal)</b> Two biscuits, country sausage gravy	6.99 6.49 5.79 3.69	16 oz Coffee (0 cal) Coffee Refill (0 cal) Water Bottle (0 cal) Gatorade (140 cal) Juice (250 cal) *Beer Domestic 3.50 Premium *Wine	2.79 1.59 2.29 3.29 2.29 4.00 5.00
<ul> <li>Breakfast Egg Sandwich (510 cal)</li> <li>2 bacon, egg, cheddar, croissant</li> <li>Southwestern Burrito (690 cal)</li> <li>2 eggs, sausage, peppers, onion, cheese, salsa, 12" tortilla</li> </ul>	5.99 5.99		

Calories Vary Based On Selection \*Not ESM approved

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2000 calories a day are used for general nutritional advice, but calorie needs vary. Additional nutritional information available upon request.

## **PICK UP & GO**

## Snack Wrap (390 cal) 2.99

Egg, bacon slice, cheese, 6" tortilla

