

BETTER FOR YOU
choices highlighted in green



321-494-3000

MORNING STARTERS

SIGNATURE BREAKFAST BOWL (230 cal) Egg white scramble, kale, onion, bell pepper, potato, asiago cheese	3.89
HAM & CHEESE OMELET (250 cal) Diced ham, cheddar cheese	3.89
OATMEAL (210 cal) Dried fruit, brown sugar, almonds	2.19
CAPRESE BREAKFAST SANDWICH (410 cal) Bacon, pesto mayo, fried egg, balsamic glaze, mozzarella cheese, tomato, english muffin	3.89
PANCAKES (480 cal) Two slices bacon or sausage / warm maple syrup	4.09
SOUTHWESTERN BURRITO (690 cal) Sausage, pepper, onion, cheese, egg, salsa	4.39
HOLE IN ONE (720 cal) Two eggs, hash browns, two slices bacon, english muffin	5.79
CHIP SHOT (580 cal) Two biscuits, country sausage gravy	3.69
VEGETABLE BURRITO (580 cal) Flour tortilla, spinach, pepper, mushroom, cheddar cheese	3.99
ONE EGG ANY STYLE (90 cal)	1.19
HASH BROWNS (240 cal)	1.89
REPLACE EGG WITH EGG WHITE (45 cal)	.59
ADD VEGETABLE OMELET INGREDIENTS (avg 40 cal)	.69
ADD SAUSAGE, BACON, HAM (avg 90 cal)	1.19

Dine In or Take Out

SNACKS & BEVERAGES

SEASONAL FRUIT CUP (110 cal)	2.29
GREEK YOGURT MIXED BERRY PARFAIT (250 cal)	3.09
WHOLE FRUIT (avg 105 cal)	1.99
BLUEBERRY MUFFIN (avg 430 cal)	2.09
CRAVEWORTHY COOKIES (avg 180 cal)	1.99
CHIPS (avg 160 cal)	1.69
16 oz. COFFEE (0 cal)	2.19
COFFEE REFILL (0 cal)	1.19
WATER BOTTLE (0 cal)	2.09
21 oz FOUNTAIN BEVERAGE (avg 250 cal)	2.29
GATORADE (140 cal)	2.39
JUICE (avg 250 cal)	2.09
*BEER, DOMESTIC	2.39
*BEER, PREMIUM	3.59
*WINE	4.29

Calories may vary based on selection

*Not ESM approved

KIDS

EGG IN A BASKET (240 cal) Entree, whole fruit, 2% milk No substitutions.	4.59
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2000 calories a day are used for general nutritional advice, but calorie needs vary.
Additional nutritional information available upon request.

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SIGNATURE FAVORITES

Served with choice of whole fruit or chips

FRENCH DIP (310 cal) 6.19

Roast beef, dijon horseradish mayo, au jus

MEDITERRANEAN CHICKEN WRAP (240 cal) 7.19

Hummus, spinach, onion, american cheese

CAPRESE WRAP (420 cal) 7.19

Sundried tomato spread, arugula, tomato, basil mozzarella

SOUTHWEST TUNA CIABATTA (370 cal) 7.19

Spinach, cucumber, wild caught tuna, black bean corn salsa

TURKEY BURGER (390 cal) 7.19

Grilled turkey burger, guacamole, jalapeno, lettuce, tomato

ABOVE AND BEYOND BURGER (550 cal) 7.19

Plant-based patty, 1000 island dressing, american cheese

BUFFALO CHICKEN WRAP (620 cal) 6.19

Battered chicken tenders, bacon, lettuce, tomato, spicy sauce, ranch dressing

HEADLINER BURGER (500 cal) 6.39

Cheddar, lettuce, tomato, kaiser roll

FAIRWAY'S CLUB (570 cal) 7.19

Roasted turkey, ham, bacon, lettuce, tomato, swiss cheese, dijon mayo, ciabatta

BLUE CHEESE BACON BURGER (620 cal) 7.19

Tri beef patty, blue cheese, bacon, mayo lettuce

GREENS & MORE

CHICKEN CAESAR SALAD (420 cal) 6.69

Grilled chicken, romaine, parmesan cheese, croutons, creamy dressing

COBB SALAD (300 cal) 6.69

Chicken, bacon, romaine, tomato, egg, avocado, bleu cheese

CAPRESE SALAD (300 cal) 6.69

Basil, fresh mozzarella, grape tomato, olive oil drizzle

GREEK YOGURT MIXED BERRY PARFAIT (250 cal) 3.09

WHOLE FRUIT (avg 105 cal) 1.99

GARLIC ROSEMARY FRENCH FRIES (270 cal) 2.59

WAFFLE FRIES (340 cal) 2.59

CHIPS (avg 160 cal) 1.69

16 oz. COFFEE (0 cal) 2.19

COFFEE REFILL (0 cal) 1.19

WATER BOTTLE (0 cal) 2.09

21 oz FOUNTAIN BEVERAGE (avg 250 cal) 2.29

GATORADE (140 cal) 2.39

JUICE (avg 250 cal) 2.09

***BEER, DOMESTIC** 2.39

***BEER, PREMIUM** 3.59

***WINE** 4.29

KIDS

Entree, whole fruit, 2% milk - No substitutions.

GRILLED CHEESE & TURKEY (360 cal) 5.29

CHICKEN PEACH WRAP (420 cal) 6.29

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